

# Daily Meditations

## Sunday

Look not to the outer pictures of life, the illusions of good and evil, but look within to the presence of God. No matter what the circumstance, God is with you. No matter what hurt or pain, God is with you. No matter how dark the sin, God is with you. Whether you make you bed in Hell, God is with you. The infinity of God, good, is right there. Let it be a conscious part of your life.



## Monday

The good in your life is an expression of God manifest through you. The good you see in others is God expressing Itself through them. Good is not personal. It is the love that pours continuously from God through saint and sinner. Recognize that all good is the presence of God being expressed through love. Recognize that the love you express is God incarnate.

## Tuesday

When confronted with appearances of discord, disease or lack, step back from the picture and direct your mind to the presence of God. There is not a situation you can be in where God is not right there with you. Acknowledge that Presence within you, and when peace begins to come, realize that It is God. Where God is realized, nothing can exist of a negative or destructive nature. That peace is the light that dissolves all suffering. That peace is the universal presence of God within you. Don't disturb it with human thought and speculation.

## Wednesday

God knows our needs before we do. If we don't project mentally what we think we need and let God be, we open the door to universal good. That's the secret to fulfillment; no judgment of the past, no projection into the future, no outlining a personal agenda – just the awareness of the presence of God.

## Thursday

God cannot be known through the intellect. Human reason can only lead to human results. God is spirit. God is your soul. Step out from the world of words and thoughts into the silence of your soul. Still your mind with the knowledge of the omnipresent nature of God. Release your attachment to human results and watch the universal activity of Love bring peace, joy and fulfillment into your life.

## Friday

If God is ever present, how do we handle the appearance of good and evil in the human condition? The first step is to acknowledge God within you, no matter what the situation. That gives you the perspective to look at what is happening without judgment. The second step is to acknowledge the omnipotence of God. That removes power from what is appearing to you as a problem. The third step is to find that place within where you can feel the presence of God, which is omniscience, and knows your need. That presence is the universal healing activity of Love.

## Saturday

You are never alone when you are aware of the universal presence of God. God fulfills Itself through you to the degree that you are free of judgment. If you need a friend, then one will appear in your life as part of your conscious awareness of the presence of God. If you need work, it will become a part of your consciousness when you are aware of the presence of God within. If you need a healing, remind yourself that you can never be separated from God. If you are one with God, then where is the problem? It ceases to exist when all there is to your life is God appearing as infinite form and variety.