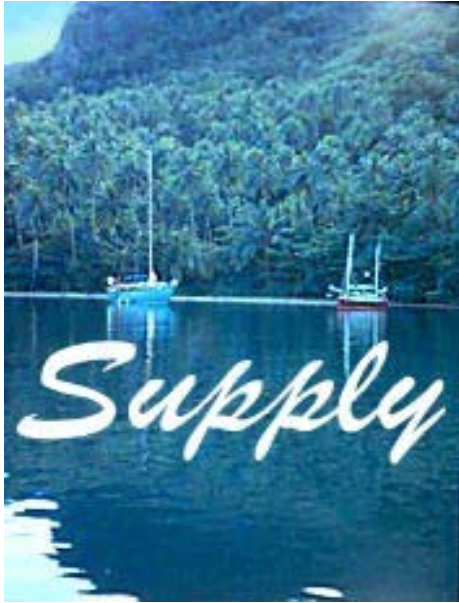


Daily Meditations

Sunday

A poet once said, “Open out a way for the imprisoned splendor to escape.” How do we open out a way for the infinity of God to be evident in our lives? By recognizing that which we know to be within us as also being within every individual we meet. Recognize the Christ in others and watch the spirit flow through you.



Monday

Where is the kingdom of heaven? Within you. Look at the stars. Look at the blades of grass. Look at the infinity of sand at the beach. Where is all of that? In Consciousness – your consciousness. Consciousness is God. Look within yourself for your supply.

Tuesday

“I have meat ye know not of.” Your supply is not dependant on your being good or being spiritual. It is embodied in your own consciousness as the grace of God. Therefore, turn to *Me* within you for today’s manna. In any moment thy grace is your sufficiency, if you will acknowledge the manna for today. Do not seek your whole life’s demonstration at once.¹

Wednesday

“My consciousness oneness with God constitutes my conscious oneness with all spiritual being and idea.”² That is the basis of supply. I and Spiritual idea is one. I and Spiritual abundance is one. It is from the silence of inner communion that outer abundance is manifest. Trust that silence and watch it unfold in infinite form and variety.

Thursday

What are you seeking? That which you are seeking you already are. Health, prosperity, companionship, opportunity are within you in abundance. Tap that inner resource and let the flow of Spirit take you down an infinite way. Still your mind and let your inner resources guide your steps. Fear not the appearances of this world. They have no power. Let the freedom of Christ Consciousness fill your life with the abundance of spiritual reality.

Friday

Do the birds fly to find the sky? Do the fish swim to find the sea? Why then do you seek outside yourself to find your good? Do you not know that the kingdom of God is within you? There is the key. Seek ye first the kingdom of God and all things will be added unto you. So turn within and rejoice. The search has ended within your own being. The Holy Grail is found.

Saturday

That which I am seeking I already am. Recognize the fullness and abundance of God in every form of good. Good is not personal, or material. The appearance of good may come through an individual, a circumstance, employment or family. The reality is, there is only one good and that is God. Recognize that, and bear witness to the unfoldment of good in your experience.

¹ From the August 4, 1963 Princess Kaiulani Hotel talk by Joel S. Goldsmith

² Joel S. Goldsmith