



## **Spring Meditations**

Many of you requested written meditations along with the recorded ones. What we have included here are spiritual ideas to ponder, and mystical principles that remind us of the nature of God and our relationship of Oneness.

The nature of God is one. This universal One expresses Itself as individual being. Therefore, within me is the fullness of God, the peace, harmony, joy and purpose of my life is God in expression. If I and the Father are one, then I must be the same substance as the Father -- spirit. My body is the same as God's body, spiritual. My mind is the same as God's mind, omniscient. My soul is God, infinite in scope and eternal is being. My realization of this truth frees me from the bondage of material sense.

Resurrection is the nature of spiritual life. The activity of divine Love lifts us from the beliefs of sin and suffering. Let go of your attachments to the human conditions and let Love fill the void and bring you peace.

These are the steps in resurrection: humility, the death of personal sense, realizing the truth of spiritual reality, and emerging from the silence as the word made flesh.

- Humility is washing the feet of your fellow man, knowing it is the spirit of God within every individual that lifts each and every person into spiritual understanding. The ego nature can't do that; it fears competition and is unaware of the infinite abundance of good waiting for the child of God. Have the courage to let go of that impersonal ego sense of life, and your humility opens the door to the Christ.
- Unless the seed falls into the ground, it cannot fulfill itself. Unless the natural man dies, the child of God is hidden. But the child of God exists in Its full glory right where the natural man appears. Illumination is inherent in every individual, and when the illusion of material power is broken, the unilluminated becomes illumined.
- The Christ does not suffer during the death of material concepts; It comforts us.
- In the silence of our innermost being, God reveals Itself to us. It is only in the atmosphere of peace, beyond all words and thoughts that the divine Presence makes known to us the nature of spiritual reality. This is the Truth that makes us free.
- Emerging from the womb of silence into the world, we know the truth and It releases us from the laws of matter. We are now in the world but not of it. Like Paul, we can say, "I live, yet not I, Christ lives my life." The Word is alive within us, and It goes before us like a light in the darkness, dissolving the laws that bind us to earth and revealing spiritual reality here and now.